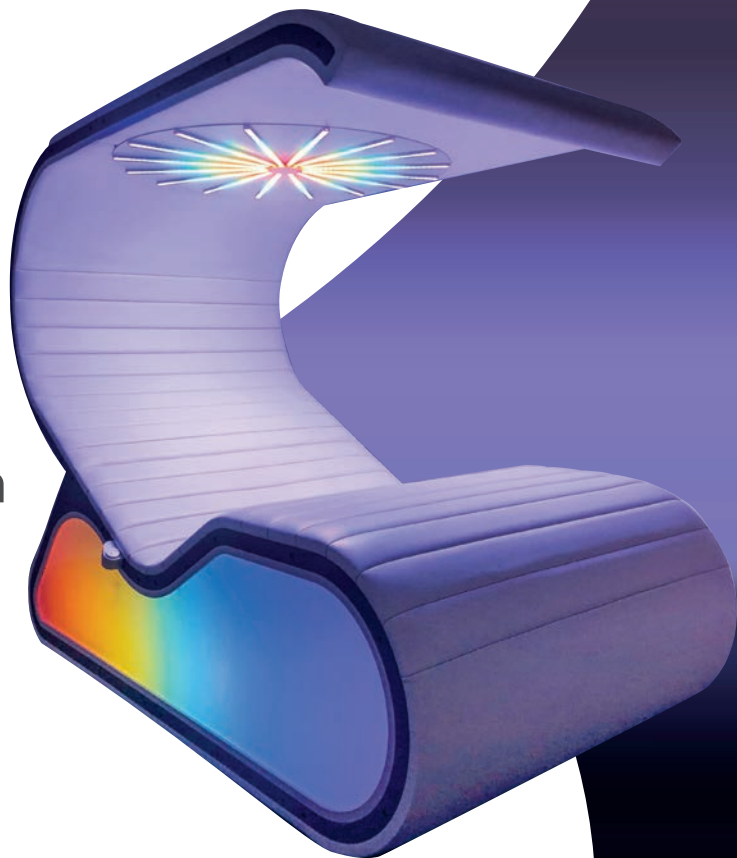


REBALANCE
impulse

MENTAL
Wellness
& Neuro-Relaxation



The solution to Chronic Stress

THE COURSES OFFERED

- Anti-Stress & Neuro-Relaxation
- Sleep
- Optimal Brain Flow
- Pain Management
- Memory Concentration
- Fitness Weight
- Addictions
- Emotions Management



REBALANCE® Impulse is a non-invasive **Mental Wellness & Neuro-Relaxation** machine. Our stimulation and cognitive training device based on **applied neuroscience** is mainly devoted to fighting chronic stress, improving sleep quality, and enhancing vitality.





HEALTH AND WELLBEING BENEFITS

The main benefits obtained from the **REBALANCE**[®] program are:

Chronic stress
reduction

Better quality sleep

Increased ability
to concentrate
and memorize

A restored,
enhanced
level of vitality

Increased
recovery speed

Emotional balance

Increased
brain agility

Stronger
immune system





EXERCISES AND TECHNIQUES

- Breathing exercises and techniques chromorhythm-based
- Guided mental imagery
- Mindfulness training
- Full body chromotherapy protocol
- Sound therapy protocol
- Binaural synchrotherapy protocol
- Synchromotherapy® protocol
- Advanced Neuromeditation exercises



After a few **30-minute** sessions, and sometimes after just the first one, each user discovers his or her ideal relaxation method and unlocks the keys to controlling stress. **Stress diminishes**, the level of vitality increases these are the signs of balance being restored.



KEYS TO YOUR HEALTH PREVENTION

REBALANCE® indices have been developed to help you identify which sessions are the most beneficial to you. Thus, you will have the tools to manage your stress and optimize your health prevention.

The psychological and neurophysiological responses for each session are expressed as follows:

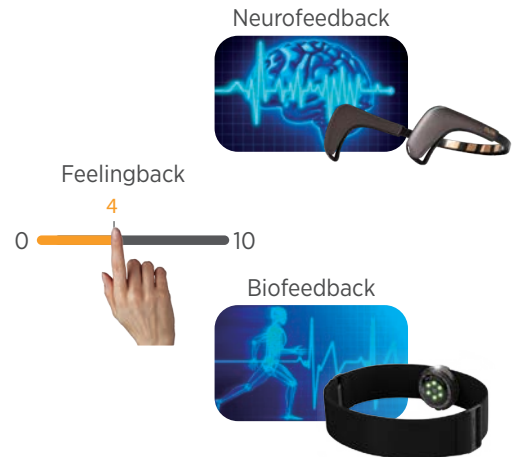
- Your stress level, mood, drowsiness, wakefulness, and muscle aches and pains are rated on scientifically proven **Visual Analog Scales: Feelingback®**.

- Your brainwaves are recorded in real time via a **Neurofeedback headset**. This technology is quite similar to electroencephalogram (EEG) technology.

- A **Biofeedback wristband** tracks your cardiac rhythm in real time.

MyREBALANCE® app allows users to access their indices from their smartphone at any time.

Remember that the relevance of indices does not lie in the instantaneous analysis of a session. To erase any unusual event, they must be compared after a minimum program of 5 Rebalance Impulse sessions.



THE INDICES



Relaxation Index



OBF™ Optimal Brain Flow Index



Autonomic Nervous System Balance Index



Vitality Index



Muscle Soreness Sensation Index



Emotional Balance Index



Sleep Quality Index

Let go of stress, **and find yourself**



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